

## **Negative Emotional Adjustment Skills in Communication with Children of Preschool Teachers**

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**KEYWORDS** Negative Emotions. Emotional Adjustment. Adjustment Skills. Pre-school Level. Strong Negative Emotions. Negative Event

**ABSTRACT** The paper aims to analyse the reality of negative emotional adjustment skills in communication with children of preschool teachers using a surveying questionnaire on a representative sample of 254 preschool teachers in Tan Phu District, Ho Chi Minh City. Participants were recruited conveniently from a large number of preschool teachers, from 10 preschools including both public and non-public schools. In addition, the questionnaire survey was used as the main method of this research. The research results show that the level of achievement of preschool teachers in negative emotional adjustment skills related to recognising negative emotions is inappropriate for the current situation, and changing negative emotions is still limited, just at an the average level.